

Dear Parent,

The greatest gifts you can give your children are the roots of responsibility and the wings of independence. – Denis Waitley

It is not what you do for your children, but what you have taught them to do for themselves, that will make them successful human beings. – Anne Landers

This is precisely what Pragathi Central Schools emphasise on. Our children must be the exemplars of future generation in acts of responsibility, sharing, caring, humility and kindness for the family and community. It strongly believes that inculcating true sense of responsibility towards their work and the family is an essential part of the 'growing-up' years.

PROJECT - 1

TIME MANAGEMENT – HOW TO PUT YOUR TIME TO PRODUCTIVE USE

Dear Children,

Please make a time table of yours with the chores listed below:

1. Cleaning the water bottle and filling it. **(Compulsory-to be done every day)**
2. Making the bed after waking up and folding the blanket. **(Compulsory- to be done every day)**
3. Folding the clothes / Dusting the furniture / Settling things and organizing them in their proper places / watering plants / learn to do the dishes / sweeping – **(any three to be done every day)**
4. Study time/ DEAR (**D**rop **E**verything **A**nd **R**ead) time
5. Nap time **(compulsory)**
6. Prepare Lemonade / Buttermilk and serve to your family members.
7. Recreation – Playing / watching TV (If all the chores are completed)/Dance & Music (follow the video shared by your class teacher)
8. Dinner time (Help your parents clear the dishes and clean the table)



PROJECT – 2

Non-dominant hand writing (using your less frequently used hand)

Learning objective: It is important to use both hands equally because it can help with cognitive and physical development. It also stimulates new neural pathways in the brain that can lead to creativity and problem solving besides improving one's memory power.

Write any 2-5 lines per day with the hand that is used less. If your child is right-handed, please make him/her write with left hand, & vice versa.



PROJECT – 3

Practice the following which were taught at school.

Life skills:

- (i) Summer precautions (Week – 1)
- (ii) Mindful eating (Week – 2)
- (iii) Stranger danger (Week – 3)
- (iv) How to be a good guest and a good host (Week –4)

➤ **Content will be broadcasted**



WEEKLY PROJECTS

TO NURTURE RESPONSIBILITY AND ACCOUNTABILITY

1. Wipe and arrange utensils (Bowls, plates, etc.)
 2. Preparing vegetable/fruit salad.
 3. Peeling vegetables
 4. Sorting & arranging them in covers.
- **Note: These activities should be performed strictly under parental supervision.**



“When kids master skills, they build self-esteem. Never do for a child what he can do for himself. A “dependent” child is a demanding child.... Children become irresponsible only when we fail to give them opportunities to take on responsibility.” - Rudolf Dreikurs & Margaret Goldman

PHOTO FRAME WITH ICE-CREAM STICKS

Required Material:

- Ice-cream sticks
- Glue/fevicol
- Kid's photo and colour crayons.

Steps to do the activity:

Take six ice-cream sticks. Make square shape frame using the glue. Paste one paper below the frame. Colour the frame with crayons and paste one photo on the frame as shown in the above picture.



MAKING BOUQUET WITH THUMBPRINT

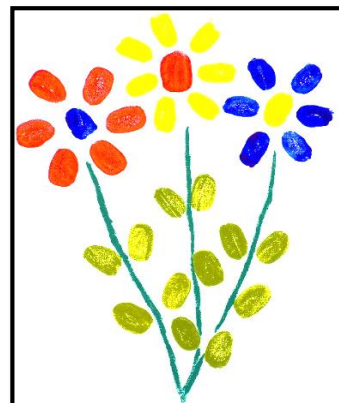
Required material:

- Black sketch pen
- Rangoli colours
- White A4 sheet

Instructions: Steps to do the activity:

Step 1:- Draw lines on A4 sheet

Step 2:- Keep different colour thumb prints as shown in the picture.



FISH PICTURE WITH PAPER BALLS

Required material:

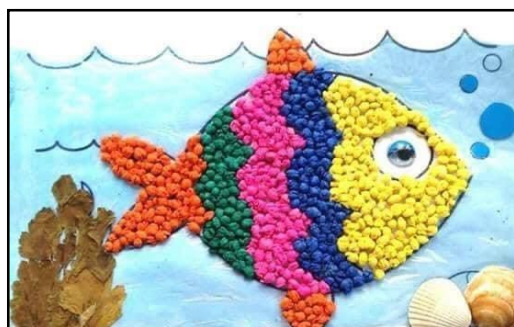
- Orange colour crush paper
- Blue colour crush paper
- Glue or fevicol
- A4 paper (white)

Instructions: Steps to do the activity

Step 1 :- Take a crush paper

Step 2 : Tear the paper into small pieces and make paper balls.

Step 3 :- Draw a fish picture on A4 paper and stick the paper balls on the picture. (Blue coloured paper balls for mouth and eye, orange coloured paper balls for body)



DRAGON FLY WITH PAPER

Required Material:

- Any colour paper
- Ice-cream stick
- Glue or fevicol

Steps to do the activity:

Step 1:- Take one ice-cream stick

Step 2:- Take one colour paper, cut according to the given picture and paste it on the ice-cream stick.



<https://youtube.com/watch?v=dUXk8Nc5qQ8&feature=shared>

https://youtube.com/watch?v=hV6ar_QpIP4&feature=shared